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12 G 33 A R Durée : 2 heures

Séries : S1-S2-S2A-S4-S5 ó Coef. 2

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Epreuve du 1er groupe

ANGLAIS

Antibiotics and the garden inside you

Many kinds of tiny living things live on and in your body. A hundred trillion microbes live in your lower digestive tract*. There may be 100 or more different species of bacteria, yeast*, and other microbes. Dong be frightened! Many bacteria are symbiotic*. That means the bacteria help you, and you help them. Your intestines give bacteria nourishment and a place to live. In return, bacteria help you digest your food. Some bacteria help produce vitamins. Some help to keep harmful microbes from overgrowing.

Antibiotics can kill the harmful bacteria that make a person sick. At the same time antibiotics can have a serious side effect. Ten days of antibiotics can kill all types of bacteria, not just the harmful ones. Without the helpful bacteria, we cannot digest our food completely. Harmful microbes such as molds* and yeasts can grow out of control. These primitive life forms can get into the blood stream. They make it difficult for the blood to bring oxygen and nutrition to our cells. That can cause fatigue, headaches, and body aches.

When we use an antibiotic, the bacteria it doesnot kill increase. They are antibiotic-resistant with other bacteria gone, those bacteria can grow out of control. They become % superbugs+ like MRSA*. I see many patients with fatigue, allergies and chemical sensitivities. I often find in their health history that they had taken antibiotics many times. Farmers often give antibiotics to their animals to make them grow larger and to prevent disease. People get extra doses of those antibiotics when they eat meat.

To get back to health, they need to improve the garden in their bowels. This means careful food choices and extra vitamin, mineral, and herbal supplements. Sometimes patients need special medication to kill the molds and yeasts. This medication must be carefully watched. Dead yeast cells produce toxins. This wie off+ effect can cause headaches and tired feelings. The patient gets worse before getting better. Antibiotics dong work for illnesses caused by a virus. Also, for mild* illnesses, it may be better to let the immune system do its job.

By Dr. Ali Majid, % Easy English News+ November 2010.

Digestive tract: the system of organs from mouth to stomach to intestines

Yeasts: levures

Symbiotic: it is said when two different organisms help each other

Molds: moisissures

MSRA: bacteria causing diseases that most antibiotics cannot kill

Mild: not severe .../... 2

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12 G 33 A R Séries : S1-S2-S2A-S4-S5

Epreuve du 1^{er} groupe

(8 marks)

A. Replace the underlined words with their synonyms in the text. (2 marks)

Bacteria are given (1) <u>food</u> by our intestines. Whereas some bacteria are useful, others are (2) <u>damaging</u> because they cause sickness. Antibiotics can help us to kill bacteria. Warning! The meat of animals fed with antibiotics can give people (3) <u>additional</u> quantities of those antibiotics, which can make us sick. Therefore, we need (4) <u>ameliorate</u> our food choices.

 $1 = \tilde{0} \ \tilde{0$

B. Contextual referencing: What and who do these words refer to?

(1 mark)

- 5. <u>Onesqin</u> ± the harmful ones,q(line 9) : õ õ õ õ õ õ õ õ õ õ õ õ .

C. Answer with TRUE or FALSE and justify by quoting the text (2 marks)

7. One effect of the use of an antibiotic is the multiplication of the bacteria that it does not eliminate.

8. Antibiotics are effective against any illnesses.

 $\tilde{\mathbf{0}}\ \tilde{\mathbf{0}}\ \tilde$

D. Looking for information: Pick out of the text

(3 marks

The positives of antibiotics	The negatives of antibiotics
	12. Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ . 13. Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ . 14. Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ Õ .

II. LINGUISTIC COMPETENCE (8 marks)

E. <u>Derivatives: Use the suffixes in the box to complete the following paragraph</u> (2.5 marks)

hood . y . ion . ness . er . able . ment

Antibiotics are often used by farmers in the (15) <u>prevent</u> $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ of disease: they can kill bacteria. However, if the useful bacteria are also killed by accident, the harmful ones will not be (16) <u>control</u> $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$., and we may be exposed to (17) <u>sick</u> $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$. Thus, in order to stay (18) <u>health</u> $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$., we should be careful about the food we eat and its (19) <u>improve</u> $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$ $\tilde{0}$.



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12 G 33 A R Séries: S1-S2-S2A-S4-S5

Epreuve du 1^{er} groupe

ving compound adjective and nouns like in the (1.5 marks)

Example: ±ife formsq(lines 10-11) = Forms of life

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- 21. \pm heir health history,q(line 16) = $\tilde{0}$ \tilde
- 22. Food choices,q(line 20) = $\tilde{0}$ $\tilde{0}$

G. Put the verbs in brackets in the correct tenses or forms

(2 marks)

If only people (23) (know) õ õ õ õ õ that antibiotics are not totally effective against bacteria these days! Bacterial resistance to antibiotics (24) (increase) õ õ õ õ õ a.rapidly nowadays. Resistance (25) (find) õ õ õ õ ...now in many different kinds of dangerous bacteria, and a formidable risk is posed by the emergence of superbugsqthat resist (26) (kill) õ õ õ õ ..by all antibiotics.

H. Reformulate these sentences to have the same meanings

(2 marks)

- 27. Dong be frightened !q(line 3).

III.WRITING (4 marks)

Choose ONE of the following topics

- 29. You went to the pharmacy to buy antibiotics, without a medical prescription.. Write down your conversation with the pharmacist.
- 30. According to you, what should people do to have a good health? Write about 15 lines(120words) at least.